



Dear Friend,

The voice on the line was desperate for help. The woman explained she was a doctor in Florida, and about six months ago started not being able to sleep, and developed ringing in her ears (tinnitus). But what really bothered her most, and yes scared her, was the fillings in her mouth started to hurt - her teeth started to hurt on a daily basis. She hadn't been able to sleep in her own bed for months, instead sleeping in her living room or relatives' houses.

Being a doctor, Jane gradually identified that the symptoms worsened near the wireless equipment in her home. She did research online, which led her to the Center for Safer Wireless (CSW) in-depth website. She found her symptoms had been experienced by others, who had shared their electromagnetic radiation (EMR) encounters in the "Our Stories" videos on the site. Like most Americans today, she had a cell phone, a cordless DECT phone, a wireless router, and a laptop in her home. Realizing she had become electrically hypersensitive, she dramatically reduced her wireless exposure in her condominium using information from the Center's website, and found major relief.

But Jane was still having symptoms in her bedroom, and discovered her neighbor had a cordless DECT phone right on the other side of her wall. After a temporary turnoff which relieved her symptoms, the neighbor would not keep it off permanently - so again, this doctor turned to the Center for Safer Wireless for help, and called us directly.

Center for Safer Wireless' Executive Director Desiree Jaworski recommended the doctor obtain EMR meters to get the specific facts of her home and office environments. She also recommended Jane consider a shielding solution for her bedroom. Specifically, Desiree recommended painting her bedroom with radio frequency radiation (RFR) shielding paint, and explained how to obtain it and apply it properly. She also told her how to protect her windows from cell tower radiation, and to have her amalgam dental fillings replaced with modern resin fillings. Jane was so thankful to CSW, having found a place to connect with other sufferers and receive effective, practical steps to protect herself and find relief from the discomfort she was experiencing.

This true account is typical of the approximately 250 other sufferers helped directly by the Center for Safer Wireless in 2013. We listen to each person's individual story, since each person's symptoms and sources of EMR exposure vary, but we help them all - young, old, rural, urban, from simply concerned to very sick. Along with tens of thousands more people accessing the website and hearing up to date information in our media interviews, they have been educated and empowered by the Center to address this invisible yet harmful threat.

In 2013, the Center for Safer Wireless also accomplished the following:

- Submitted extensive comments to the Federal Communications Commission in February to re-open the RFR safety standards, based on 8,000 published, peer reviewed medical studies showing harm
- Published an online newsletter with recent RFR scientific and public policy news distributed to 900 individuals and citizen advocacy groups in the US and Canada
- Provided expertise and interviews to major media networks on the dangers of RFR "smart meters" being installed around the country by electric utilities
- Applied pressure to Dominion Power to allow citizens to "opt out" of RFR "smart meter" installations in Virginia
- Maintained our comprehensive website on RFR, presenting scientific and medical studies in lay language and emphasizing positive steps for individuals, parents, and organizations to minimize wireless radiation exposure
- Created a fact-based presentation for parents to provide to their local school systems about the dangers of wireless technology for children, and steps to use wireless more safely in schools
- Exhibited at major health and environmental fairs to bring critical EMR facts directly to the public, with remediation and book resources
- Continued to bring new products for personal protection and shielding buildings with proven effectiveness to the public arena via the CSW website
- Provided on-site radiation assessments to individuals and custom remediation support
- Engaged the country's top medical experts on EMR on our Medical Advisory Board, with Dr. Stephen Sinatra, Dr. David Carpenter, Dr. Kerry Crofton, and Dr. Charles Battig.

We would like to ask your consideration of a generous year-end tax deductible donation to help continue this critical, life-saving work. The Center is dependent exclusively on your donations each year to continue its operation. All staff are volunteers, so every one of your donated dollars goes directly to spreading the word on EMR safety. Your support is critical to continuing our mission to help individuals and society face this threat to health and safety.

Our challenges increase each year, as the wireless towers, antennas and products increase. We ask for your support to protect children, families, and even wildlife from the biological harm of wireless technologies.

The Center for Safer Wireless' 2014 goals include the following:

- Highlight the rising teen girls' breast cancer rate from cell phones carried in bras - a tragedy that is completely avoidable with simple information
- Educate parents to avoid "wearable-wireless" clothing for children, such as baby snugglers, wristbands, and eyeglasses with built in wireless radiating devices
- Develop brochures to educate pediatricians on the in-depth scientific and medical research documenting EMR harm to children, with practical remediation steps for parents and schools - following Austria's example of formal pediatric treatment protocols
- Redesign the website to be more user friendly, including support for interactive forums for EMR sensitive people - so sufferers can help each other over time and multiply the informed members of the general public

- Continue to publish our international newsletter to keep individuals and EMR groups aware of the latest developments in science, medicine and remediation
- Bring an EMR-protection symposium to the Metro Washington DC area to increase media exposure in the nation's capital

We are pleased to provide an air-tube headset, which drastically reduces your exposure to wireless radiation from a cell phone, for a donation of \$250.

Donors generously giving \$550 will receive the headset and Dr. Kerry Crofton's new book, *A Wellness Guide for the Digital Age*.

At this time of year, when we enjoy our loved ones and have some quiet time to reflect on how to preserve the natural state of our world, we hope you will agree that our cause and mission is one that you want to financially support. Please give to help protect our families and friends from one of the most widely documented, but pervasive sources of physical harm - inadequately regulated radio frequency radiation. We are all being impacted by this world wide experiment and none of us has given our permission to be a part of it.

We wish the best to you and your family for a prosperous and healthy new year!

Please Donate Now!



Our Mission:

The Center for Safer Wireless' mission is to educate all sectors of society on the risks and safer use of wireless technology (pulsed radio frequency radiation, RFR). We provide accurate scientific and medical information, understandable to the general public, with practical steps for individuals to reduce their own RFR exposure. We educate key professional sectors responsible for protecting children with detailed scientific information appropriate to their functions and responsibilities, focusing on pediatricians and educators. We advocate for improved federal safety regulations, under the regulatory leadership of the Food and Drug Administration (FDA) and Environmental Protection Agency (EPA), instead of the industry-oriented Federal Communications Commission (FCC). The Center for Safer Wireless believes that the major biological and behavioral harm of RFR, which has been documented in 8,000+ studies on humans and other life, should be included as a scientific factor in future medical and environmental research.

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